

***Aiissee!* Health Topics and Communication Objectives**

No.	Health Area	Sub-Topics	Communication Objectives <i>As a result of watching/listening to the show, couples will:</i>
1.	Family Planning	Healthy timing and spacing of pregnancy FP methods	<p>Know the healthiest time to become pregnant</p> <p>Feel that family planning is the responsibility of both the woman and man</p> <p>Support their partner's use of a method of family planning</p> <p>Seek more information about family planning methods</p> <p>Discuss and decide if and when they are ready to have children</p> <p>Discuss and decide which method of family planning to use</p> <p>Use the method of family planning that is right for them</p>
2.	Malaria	Prevention of malaria in pregnancy ITN use Test before treat	<p>Know that pregnant women need at least 3 doses of SP to prevent the effects of malaria during pregnancy</p> <p>Support their pregnant partner to receive 3+ doses of SP</p> <p>Ensure pregnant women and children under 5 in the family sleep under an ITN every night</p> <p>Care for and repair their ITNs appropriately</p> <p>Know that every fever is not malaria</p> <p>Test for malaria before buying or receiving treatment for malaria</p> <p>Believe the results of the malaria test</p> <p>Ensure their family members adhere to the malaria test results, and completes the malaria treatment appropriately</p>
3.	HIV testing and counseling	Discordance Couple HTC	<p>Know that it is possible for couples to be discordant</p> <p>Discuss couple HIV testing and counseling together</p> <p>Go together for HIV testing and counseling and receive the results</p> <p>Disclose their HIV status to their sexual partners</p>
4.	HIV prevention	Correct and consistent condom use Reduction of	<p>Know the correct way to use a condom</p> <p>Know what it means to use a condom consistently</p> <p>Feel comfortable buying and carrying condoms</p> <p>Introduce/discuss the idea of using condoms in their relationship</p>

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		concurrent sexual partnerships	Know what a sexual network is and why it is risky Assess their own personal risk of HIV Discuss the risks of sexual networks with each other Feels satisfied in their relationship with their main partner (sexually, emotionally, financially) Reduce their number of concurrent sexual partnerships
5.	PMTCT	Discordance Option B+ (LLAPLA) Infant feeding practices	Know it is possible for a child to be born free of HIV even if the mother is HIV positive Know that it is possible for couples to be discordant Know that the risk of transmitting HIV to the baby is higher if the woman becomes infected with HIV during pregnancy Goes early for ANC (by 12 weeks) Attends all ANC visits (4 or more) Tests for HIV together with their partner and receives the results Takes measures to prevent HIV infection/re-infection during pregnancy and breastfeeding (e.g. correct and consistent condom use) Know that HIV positive pregnant and lactating women can now start ART for life as soon as they are diagnosed Start lifelong ART as soon as they are diagnosed with HIV Support their HIV partner to adhere to their treatment Support each other to adopt and maintain appropriate infant feeding practices
6.	MCH	ANC Individual birth planning Danger signs Nutrition Exclusive breastfeeding	Disclose their pregnancy to their partner as soon as they suspect they are pregnant Attend ANC within the first 16 weeks of pregnancy Attend ANC at least four times during pregnancy Test for HIV together with their partner and receive the results Take FeFo every day throughout pregnancy and for 90 days after delivery Receive 2 doses of tetanus toxoid during pregnancy Eat foods rich in Vitamin A during pregnancy

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		PNC Post-partum family planning	Make an individual birth plan together Share their individual birth plan with other friends and family members Know the danger signs before, during, and after pregnancy, and take appropriate action if/when necessary Deliver at a health facility with a skilled provider Attend four scheduled PNC visits Exclusively breastfeed their newborn from birth to six months Ensure their newborn receives all routine immunizations Ensure their newborn receives Vitamin A at 6 months and 1 year Use a method of family planning to appropriately space or prevent the next pregnancy
7.	VMMC	Benefits Uptake of services	Know that VMMC reduces a man's risk of becoming infected with HIV by 60% Knows the benefits of VMMC for men and women Know that VMMC is not 100% effective and that other prevention measures (e.g. condoms) must still be used Discuss VMMC with each other Encourage partner to go for VMMC (women) Abstain for sex from 6 weeks following circumcision Support their partner during the healing process
8.	HIV treatment	Treatment literacy Adherence and retention Positive living Stigma and discrimination	Support each other, and/or any HIV positive friends or family members to: <ul style="list-style-type: none"> • Maintain their clinic appointments • Adhere to their medication • Join a support group • Correctly and consistently use condoms in sexual relationships • Encourage their partners to be tested for HIV • Live positively