



CONNECT



# Instructions.

## round 3

In this round, please read the sentence below each question, which says who should answer. Spend 4 or 5 minutes per card.

Each card is numbered;  
please use the cards in order.  
If you think cards are missing, ask  
your facilitator.

At the beginning of the deck,  
there are several 'Scenario' cards.  
Both participants should listen  
to the situation being described,  
and respond to the questions.



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**SCENARIO**

Diane, 16, has been dating her boyfriend for 2 years. They started having sex recently and use condoms, but Diane is interested in trying different methods. Diane and her boyfriend go to the health facility but the provider tells them that Diane needs to come with a parent or guardian before she can give the couple any information or services.

**How might Diane and her boyfriend feel before, during and after the visit?**

**What went “wrong” here?**

**What could the provider do differently?**

**Both participants should answer.**

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**SCENARIO**

Aminata, 17, goes to a clinic to learn about family planning services. While in the waiting area, she hears a service provider shouting at a young woman in the consultation room, saying the girl is too young to be using family planning and having sex at her age. Aminata decides to leave the clinic.

**How did Aminata feel during and after this experience?**

**What do you think might happen next for Aminata?**

**What could have gone differently?**

**Both participants should answer.**



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**SCENARIO**

17 year old Mercy, deaf, goes to her local health facility. She is having complications with her period and is curious whether having sex with her boyfriend has affected her menstruation. Mercy did not bring her mother with her, because she's worried that her mother will find out that she is sexually active. The providers at this health facility do not know sign language.

**What might make Mercy feel alone or uncomfortable in this visit?**

**What can health facilities or providers do to help now, and in the future?**

**Both participants should answer.**





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**SCENARIO**

Frances, 18, goes to the local clinic for her third Depo injection. Her mother supports her and goes with her. On arrival, they meet a new provider, who speaks directly to Frances's mother: "You are too brave to bring your young child here for family planning. Are you encouraging her to have more sex?" Her mother smiles, embarrassed, and says nothing.

**How do you think Frances feels during and afterward? Her mother?**

**What could have gone differently?**

**What could the provider do differently next time?**

**Both participants should answer.**



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**SCENARIO**

Samantha, 22, has been using oral contraceptive pills to prevent pregnancy and regulate her periods.

However, she finds it difficult to remember to take them on time and every day. She is curious about other methods. She goes to the health facility, and the nurse who greets her says she knows her mother. This makes her uncomfortable!

**What do you think is going through Samantha's mind?**

**What should the provider do during and after the session?**

**Both participants should answer.**



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**SCENARIO**

Justina, 15, woke up feeling sick and fears she is pregnant. She decides to skip school and go to the clinic. Her boyfriend cannot know she is here - he would leave her if he thought she were pregnant, but also says family planning (FP) methods make women unfaithful. Finally, a provider greets her. She asks Justina gently when she last had sex and helps her see that she is probably not pregnant due to her menstruation cycle. The provider talks through a few FP methods, and Justina decides to leave, considering getting an IUD.

**How do you think Justina felt before, during and after this visit?**

**Is there anything that should have been done differently? Why or why not?**

**Both participants should answer.**

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**SCENARIO**

Ali, 17, decides to experiment with sex for the first time. He asks Koffa, an elder in the neighborhood with whom he gets along very well, for advice on how to go about it. Koffa, after scolding him, tells Ali's parents, who punish him severely.

Ali ends up having his first sexual intercourse and hears from friends that he could have gotten his partner pregnant. He goes to a health facility for advice.

**What should the provider who meets with Ali do?**

**How should Ali feel leaving the health facility today?**

**Both participants should answer.**





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**SCENARIO**

Discuss a scenario (positive or negative) that you or someone you know has experienced, that involves a young person going for a family planning visit.

**What made this visit go well or not well?**

**If it was a bad experience, what could have made it better?**

**Only the young person should answer.**



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**Now that you have  
read the scenarios  
and imagined  
*what might be,*  
let's think about  
*what can be.***

In this card deck, please read the sentence below each question, which says who should answer.



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## Learnings

Thinking about your conversations in Rounds 1 and 2, and 3, name three things that might impact a young person's family planning decisions.

**Only the healthcare provider should answer.**



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## Identifying gaps

Considering today's conversations, what youth family planning service delivery gaps have come up?

**Only the healthcare provider should answer.**





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## Addressing needs

What makes it difficult to understand or address young clients' family planning needs?

How can they be addressed, and what is your role in addressing them?

**Only the healthcare provider should answer.**



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## Considerations

Based on your discussions today, what aspects of young people's lives and needs are not always considered in a family planning consultation, but should be?

**Only the healthcare provider should answer.**



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## Considerations

How will your experience today impact how you counsel young clients in the future?

**Only the healthcare provider should answer.**



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## Reflection

Using "I" statements, what is one thing you will take away from your experience here today, and with whom will you share this?

For example, "One thing I will take away from today is..."

**Both participants should answer.**





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## Reflection

What is one thing you hope your Empathways partner will take away?

For example, "One thing I hope my partner takes away from this experience is..."

**Both participants should answer.**

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## FINAL REFLECTION

# FOR PROVIDERS

Make a commitment to yourself of what you will do with your increased empathy for your young clients.

### **Complete these sentences:**

Starting tomorrow, I will...

Within one month, I will...

**Stuck? Ask a young person or your colleagues for help!**