

Emaciniso e-COVID-19. Yindzaba yetfu sonkhe.

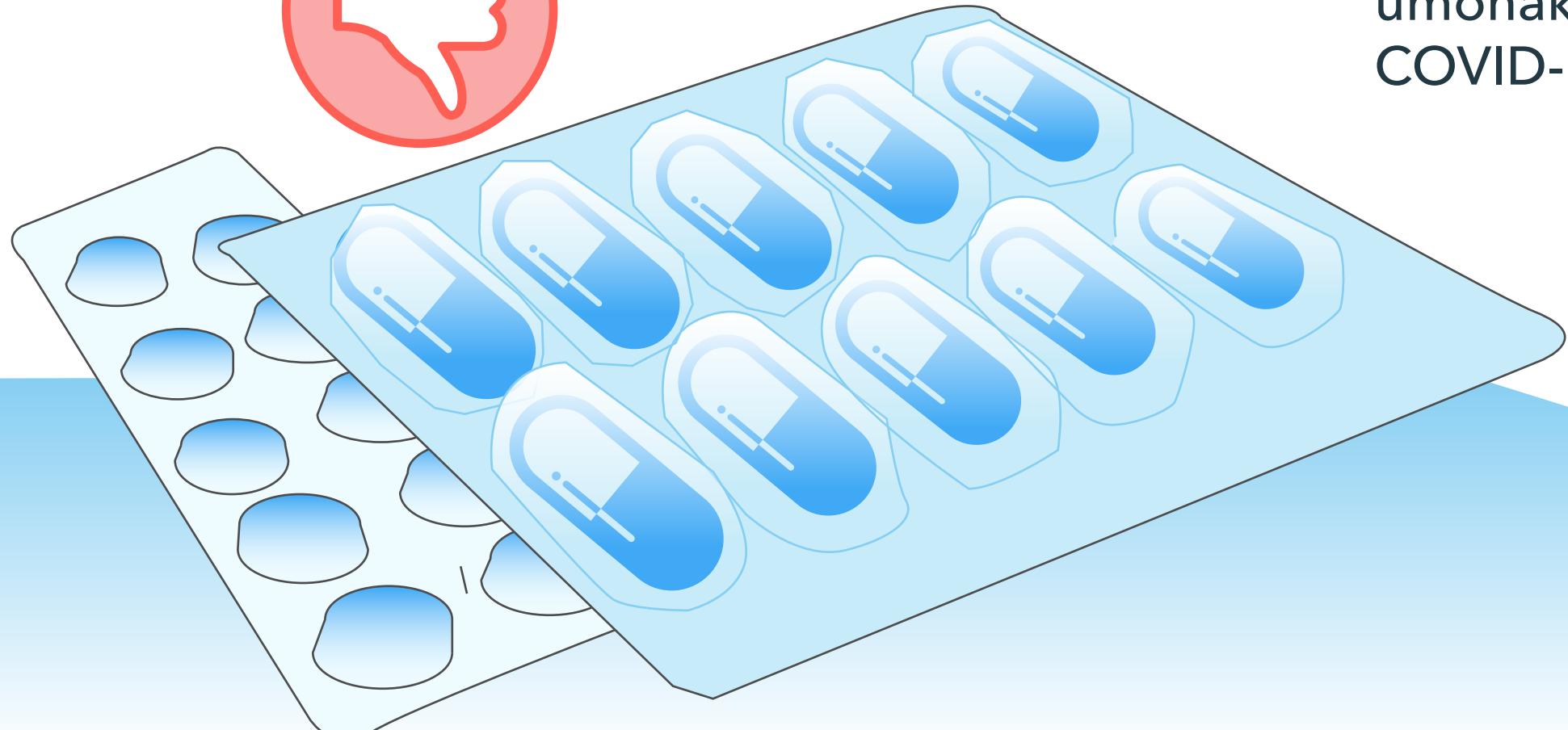
EMANGA

I-COVID-19 iyelapheka
uma usebentisa liphilisi
lekuvikela imbuzulwane.



LICINISO

Kusete bufakazi lobutsi
leliphilisi liyayelapha
i-COVID-19. Empeleni
lokuvelile kutsi leliphilisi
lingakhulisa noma lente
umonakalo kumuntfu lone
COVID-19.



Siyavikelana kuleligciwane leCOVID-19 ngekutsi:



Siwashe tandla ngemanti
lageletako nensipho njalonjalo
imizuzwana lengemashumi
lamabili.



Sigcoke sifonyo noma
imphahla levala
imphumulo kanye
nemlomo.



Sikhwehlele noma
sitsimule ngekatsi
kwencoza.



Sigcine umkhatsi longange
limitha.



Sigweme kutsinta
emehlo, imphumulo
kanye nemlomo.



Sihlale ekhaya uma
sinetimpawu
temkhuhlane noma
letifana netemkhuhlane.