

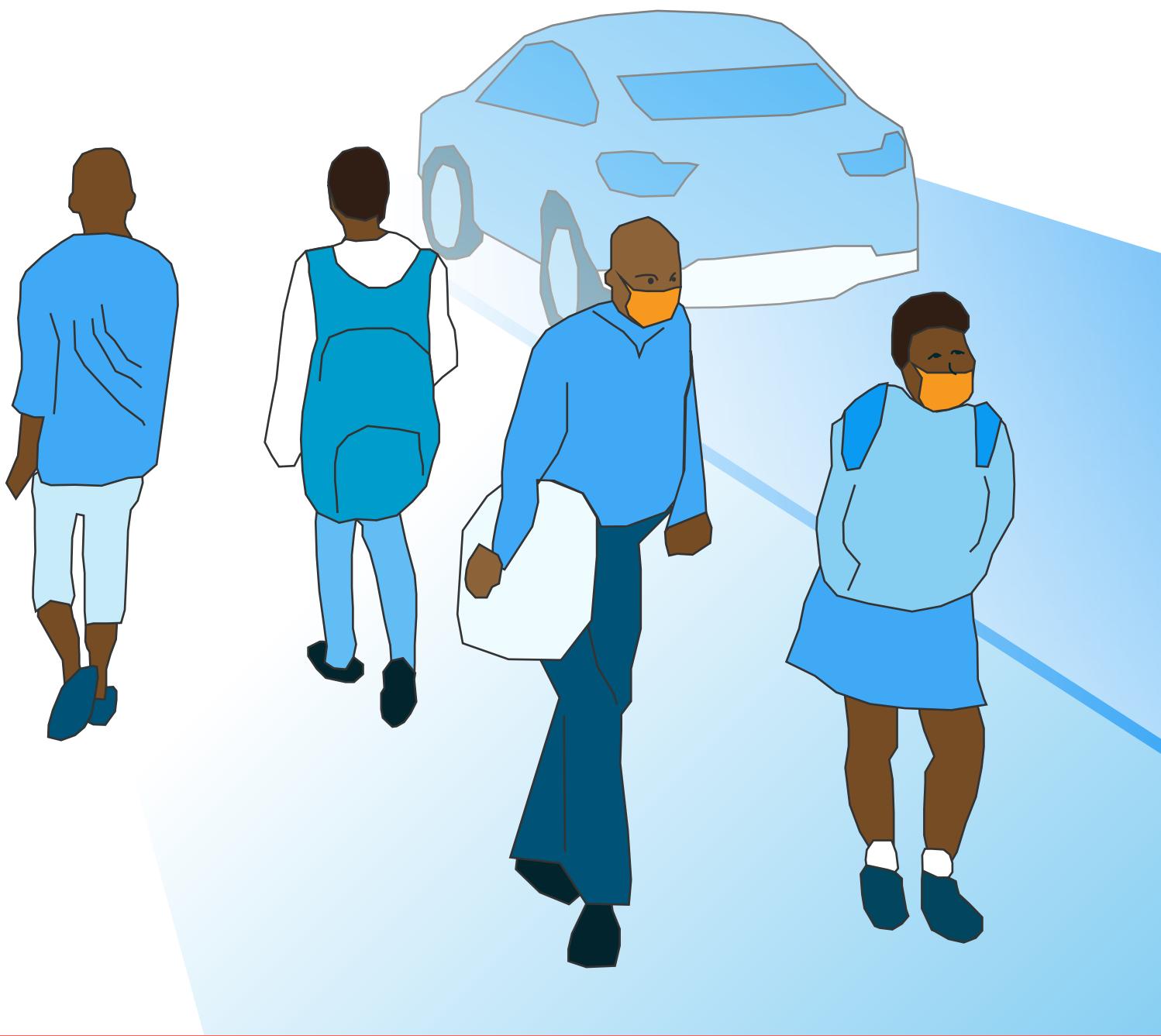
Emaciniso e-COVID-19. **Yindzaba yetfu sonkhe.**

EMANGA

I-COVID-19 ihlasela bantfu basemadolobheni.

LICINISO

Wonkhe umuntfu angayitfola i-COVID-19, akukhatsaleki kutsi uhlala kuphi, kungaba semadolobheni noma emakhaya. Kungako wonkhe umuntfu kufanele ente taba tekutivikela ekutfoleni leligciwane.



Siyavikelana kuleligciwane leCOVID-19 ngekutsi:



Siwashe tandla ngemanti lageletako nensipho njalonjalo imizuzwana lengemashumi lamabili.



Sigcoke sifonyo noma imphahla levala imphumulo kanye nemlomo.



Sikhwehlele noma sitsimule ngekatsi kwencoza.



Sigcine umkhatsi longange limitha.



Sigweme kutsinta emehlo, imphumulo kanye nemlomo.



Sihlale ekhaya uma sinetimpawu temkhuhlane noma letifana netemkhuhlane.