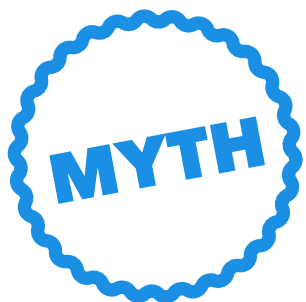
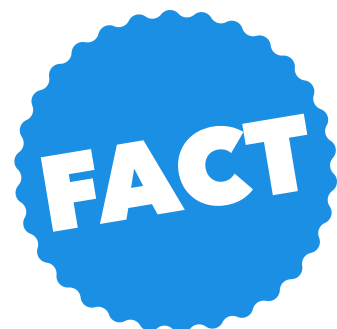


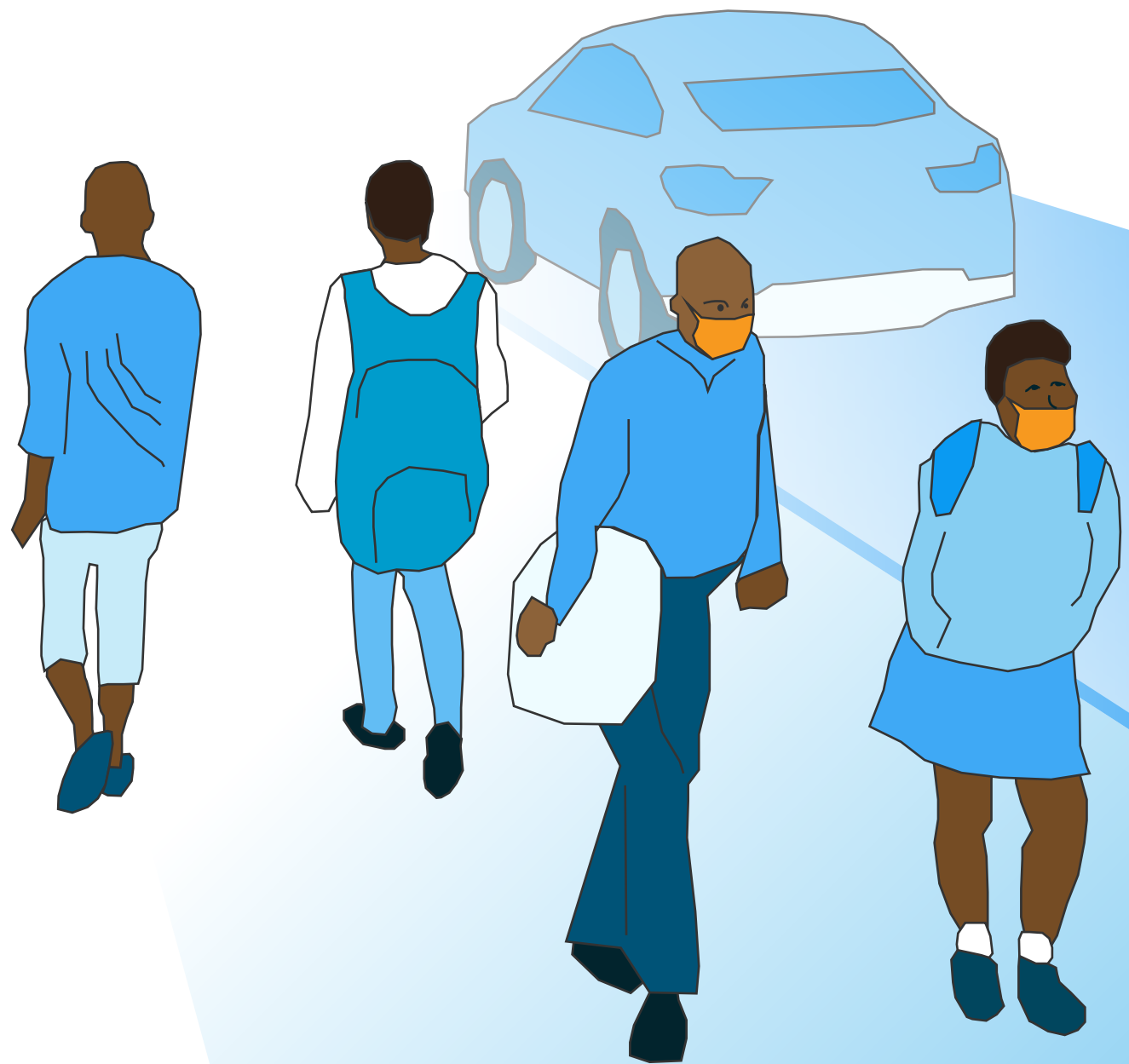
Everyone should be informed of the facts of COVID 19. **We are all in this together.**



COVID-19 only affects people from urban areas.



Anyone can get infected by COVID-19, no matter where they live, whether in urban or rural areas. Everyone should therefore take steps to protect themselves from the virus.



We protect each other by: practicing physical distancing, staying at home (if you don't feel well)



Frequent handwashing with soap for at least 20 seconds



Wearing a cloth covering over our nose and mouth in public places



Coughing or sneezing into your elbow



Practice physical distancing by maintaining 1 metre distance between you and others



Avoid touching your eyes, nose and mouth



Stay at home if you feel sick