

Are you a **SAFE LOVER?**



What are **multiple** and **concurrent sexual partnerships?**

- Multiple and concurrent sexual partnerships, known as MCP, refers to when a person (male or female) has more than one regular sexual partner at the same time.

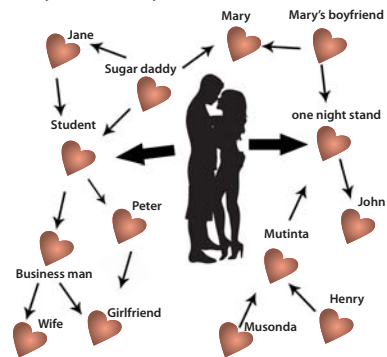
Why is **MCP dangerous?**

- MCP is dangerous because it increases your chances of getting infected with HIV.
- Every person you have sex with may infect you with HIV.
- You may unknowingly be connected to a large sexual network.

What is a **sexual network?**

- A sexual network is a chain or web of people who are having sex with each other.
- Your sexual network includes you, your sexual partners, their other sexual partners, and so on.
- Whenever one person in the network gets HIV, it spreads quickly to everyone in the network who is having unprotected sex.
- The more people you are having sex with, the larger your sexual network and the higher your risk of getting HIV.

Do you know your **sexual network?**



How to avoid **HIV infection** in a **sexual network:**

- Use condoms with every sexual partner
- Know your HIV status and you partners' too

Things to **think about:**

- Even having one extra partner who is unfaithful to you can put you at high risk of HIV.
- Trusting your partner is not enough to protect you from HIV.

How **many sexual partners** do you have?



The Wife



Workmate



Party Freak

Have you thought about **HIV**?



think talk act



Ministry of Health



National HIV/AIDS Council



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