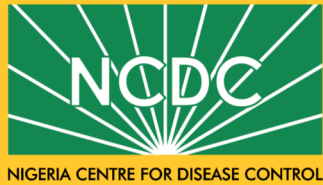


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YOU CAN PREVENT

MONKEYPOX



Cook all animal meats and products properly before eating



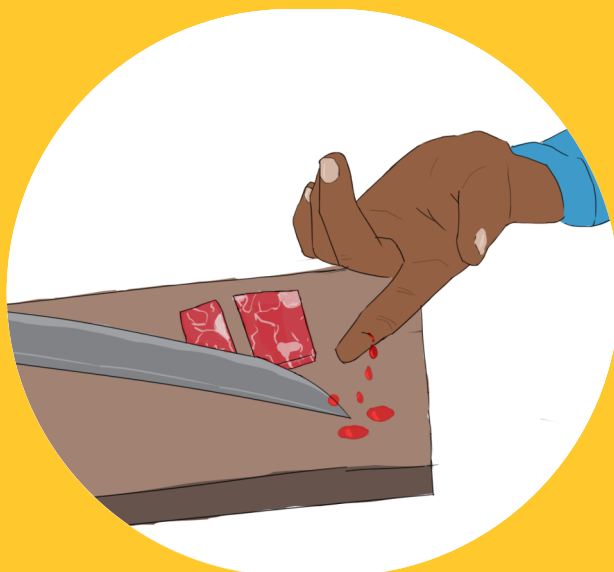
Wash your hands frequently with soap/ash under running water or with hand sanitizers



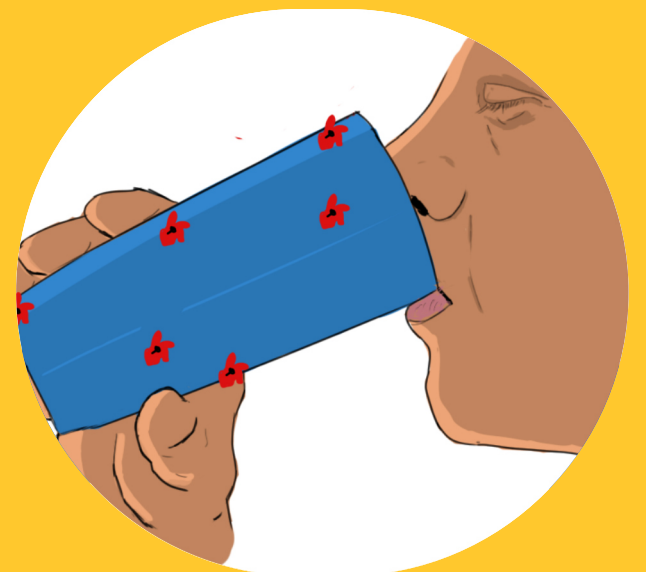
Avoid close or skin-to-skin contact with persons infected with or showing symptoms of monkeypox



Avoid contact with blood or other body fluids from infected persons



Handle and prepare all meats safely and avoid cutting yourself



Do not share eating utensils or cups with a person with monkeypox



Avoid sharing, touching or handling clothing, bedsheets, towels etc. of an infected person

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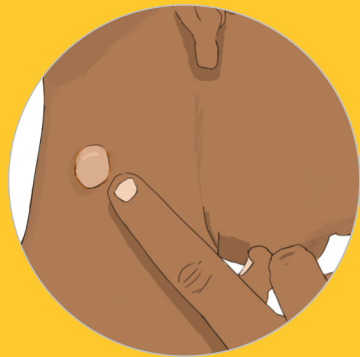
1. What is Monkeypox?

Monkeypox is a viral disease which present with rash containing pus or fluid on any part of the body including the face, hands, palms, soles of feet etc. The disease is transmitted from animals to humans. It can also be transmitted from infected humans to others.

2. What are the signs and symptoms?



RASH CONTAINING PUS OR FLUID



SWOLLEN LYMPH NODES



HEADACHE



SUDDEN FEVER



BODY ACHES



WEAKNESS

3. How is Monkeypox spread?



Direct contact with body fluids (blood, vomit, urine, poo, sweat, semen, spit) or sores of an infected live or dead animal or person; or items that have been contaminated.



Contact with blood or body fluids of infected animal while killing or preparing bushmeat, being bitten or scratched by an animal.



Human-to-human transmission following contact with respiratory tract secretions (saliva, mucus) or skin lesions of an infected person or objects recently contaminated by patient fluids or lesion materials.

4. How can you prevent Monkeypox?



Avoid close or skin-to-skin contact with persons infected with or showing symptoms of monkeypox



- Avoid sharing, touching or handling clothing, bedsheets, towels etc. of an infected person
- Wash hands frequently with soap under running water or use alcohol-based hand sanitizer
- Handle and prepare all meats safely and avoid cutting yourself
- Cook all animal meats and products properly before eating
- Avoid contact with sick or dead animals



HEALTHCARE WORKERS

Healthcare Workers should always practice standard precautions (including droplet precautions) when caring for patients, regardless of their presumed diagnosis

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