

# Malaria Protection Pledge



1



I pledge to protect myself from mosquitoes so I will not have malaria.

2



My family and I will sleep inside an insecticide treated mosquito net every night, all year round.

3



When I have fever, I will quickly go for a test to be sure it is malaria before I take malaria medicine.

4



If malaria is confirmed, I will immediately start taking my malaria medicine and finish taking it even if I start feeling well after the first dose.

5



I will tell my friends, neighbors and loved ones to sleep inside an insecticide treated mosquito net every night, all year round... So help me God.

## How you care for your mosquito net.



**Roll-Up**



**Washing**



**Airing to dry**



**Stitching**

1. Roll up or tie the net up when not in use.

2. Wash the net only when it is dirty, and use only gentle/mild soap.

3. Air the net to dry under a shade after washing.

4. Keep the net away from fire, animals and sharp objects.

5. If the net is torn, sew it immediately so the hole does not get bigger.