



Counselor Fact Sheet

Child Health - Newborn Information

How to care for a newborn:

- Keep the baby warm.
- Dry the baby with a clean dry cloth immediately after birth and ensure it is warm.
- Do not bathe the baby for 24 hours after birth.
- Keep the baby in skin to skin contact with the mother so that the body heat will warm it.
- Everyone who cares for the baby must wash their hands often, especially before handling the baby, and after cleaning the soiled baby.
- The umbilical cord should only be cut with a new, unused razor and tied with a clean tie.
- Clean the umbilical cord with a clean cloth and clean, boiled, cooled water.
- Do not put anything on the umbilical cord.
- If the umbilical cord shows signs of infection (red, hot to touch, or oozing pus), take the baby immediately to the clinic.

Danger signs in a baby after delivery:

- Breathing difficulties, or not breathing
- Fever, chills, fits, rash
- Yellowness of the skin or eyes
- Poor sucking or feeding problems
- Vomiting
- Not active
- Diarrhea or constipation
- Red, swollen eyes
- Redness, pus or blood from the umbilical stump

